

For Immediate Release

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**Lamaze Connections at SLR Continue Long After Babies are Born**

New York, NY (October 21, 2009) A unique feature of the Lamaze courses offered by the Family Parent Education Department at SLR is a reunion of each individual course. The reunion is scheduled approximately 2 months after all 9 families in the course have delivered and it's an opportunity for members to share their birth stories, new parenting challenges and solutions. It is hoped that by the end of the Lamaze course, the families will have bonded and keep in touch. So was the case for one such group who has been together for 10 years! They arrange get togethers at least five times per year and are able to offer one another emotional and educational support as they experience the various stages of their children's development. "At their 10 year reunion this year, one of the parents told me that their 10 year old kids know the strong bond too," says Jo Leonard, MA, RN, FACCE, Director of Family Parent Education at SLR. "They don't fight and call themselves 'The Lamaze Kids.'"

For more information about services offered through the Parent Family Education Department, please call: 212-523-6222

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