

TITLE	FUNDING SOURCE	PI
Randomized Clinical Trial of Osmotic-Release Methylphenidate for ADHD in Adolescents with Substance Use Disorders	National Institute of Drug Abuse, Clinical Trials Network/RFMH (subcontract)	M. Acosta
rescription Opioid Addiction Treatment Study (POATS)	National Institute of Drug Abuse, Clinical Trails Network/RFMH (subcontract)	D. Haller
Drug Treatment for Transplant Candidates	National Institute of Drug Abuse	D. Haller
Medication Adherence Therapy for Opioid Abusing Pain Patients (Project Pain)	National Institute of Drug Abuse	D. Haller
MRI of Infants Exposed Prenatally to Drugs of Abuse (Babies Study)	National Institute of Drug Abuse	D. Haller
Crystal Clear Evaluation Project	New York City Department of Health	D. Haller
SAFE STEPS (Combined Treatment for Women with Alcohol Dependence and PTSD)	National Institute on Alcoholism and Alcohol Abuse/ Columbia University School of Social Work (subcontract)	D. Hien
Science-Based Treatment for Opioid-Dependent Adolescents	National Institute on Drug Abuse	L. Marsch
Computer-Assisted HIV Prevention for Young Drug Users	National Institute on Drug Abuse	L. Marsch
The Use of Acamprostate in Alcohol Dependent Individuals with Co-morbid Anxiety and Depressive Disorders	Forest Research Institute	R. N. Rosenthal
Abilify as an Adjunctive Treatment for Refractory Unipolar Depression	Bristol Meyer Squibb	D. Hellerstein
A Double-Blind, Placebo-Controlled Study of Escitalopram in Treatment of Dysthymic Disorder	Forest Laboratories	D. Hellerstein
Treatment of Sexual Dysfunction Secondary To Antidepressant Vs. Pharmacotherapy: A Double Blind Comparison of Requip (Ropinirole) Placebo in Patients Taking SSRI Antidepressants	GlaxoSmithKline	D. Hellerstein
Double-Blind Placebo-Controlled Study of Wellbutrin XL in the Treatment of Dysthymic Disorder	GlaxoSmithKline	D. Hellerstein
Adolescent Screening, Assessment, and Treatment (ASAT)	Center for Substance Abuse Treatment (CSAT)/Substance Abuse and Mental Health Services Administration (SAMHSA)	P. Clemmey

TIER (Totally Integrated Electronic Record) Update

By Steven Vickner, Program Manager Information Technology

During 2006, TIER was adopted as Continuum's solution to electronic record keeping for behavioral health. As TIER becomes more integrated with other IT solutions in Continuum, projects and service requests will be more closely tracked and monitored in the Clarity project management system. TIER-specific scheduled outages are now broadcast through e-mail notifications and all work orders are now tracked through the main Help Desk.

BI Outpatient and SLR CPEP were two major expansion and development initiatives completed during 2006. The BI rollout required six weeks to train staff and marked the first time that child psychiatry data was entered in TIER. As for the CPEP project, it reached its phase one completion in early December. A CPEP project strategic plan was developed to consolidate and manage the data entry for the program's disparate, electronic systems - PRISM, EMSTAT, and TIER. Highlights included a primary clinician notification system for patients, pediatric EOB and consult documentation, and the JCAHO-mandated medication reconciliation project.

TIER has added significant improvements in organizing data, systems user-friendliness, and systems advanced functionality. First, the Clinician Console, as the daily starting page, includes a patient search, quick views, shortcut list, administrative tools, and notifications features. Second, the patient Switchboard received a major facelift designed to enhance efficient navigation. Documents are easier to locate, buttons have been added to print notes from the screen using Crystal Reports and a more advanced tabbing system was utilized to organize patient data. And third, the Archival system was the most useful. It allows ability to copy the signed document for modification purposes and marks the new document as an amendment, which includes references to modifications.

In 2007, we plan to implement an aggressive TIER expansion plan, which will include plans to interface with PRISM and Softlab. While the expansion plan is in its early stages, we are confident that TIER will continue to grow and enhance its systems functionality to accommodate user needs.



Kevin Braga (Substance Abuse Clinician), Vangie Burch (Program Coordinator), Bob Gramm (Substance Abuse Counselor)

National Depression Screening Day - Part of Our Investment in the Mental Health of New York City

The Department of Psychiatry and Behavioral Health is off and running with its new initiatives to let the rest of the world know that we are the largest and most comprehensive provider of mental health services in New York City. On October 5th, the lobby of Roosevelt Hospital was turned into a mental health resource center. While the rest of the country was participating in National Depression Screening Day, we here at St. Luke's and Roosevelt Hospitals took the opportunity to screen for depression as well as bring all of our other 35 programs to the public's attention.

The informational piece of the event took place from 10 am to 4 pm. Private and confidential screenings took place for those interested members of the community in the Faculty Practice Suite on the 6th floor at Roosevelt from 12 pm to 3 pm. Our clinicians worked together one on one with patients and referred them to a particular mental health program that would most fit their needs. Over 20 people were screened during the 3 hour event. Many were referred to the hospital's medical services as well.

Participating departments were from The Addiction Institute of New York, Women's Health Project, Mobile Crisis Team, Outpatient Psychiatry, The Child and Family Institute, and Integrated Psychiatric Services. This event will be held yearly. We hope next year to have sponsorship by members of the business community with interest in mental health.

JUST IN...

7G Inpatient Unit at Roosevelt will get a make-over in the Spring 2007.

New day-room furniture, paint and art will make all the difference for staff and patients.

RxART a non-profit that places art in hospitals will create a gallery of contemporary art on the walls of the unit.

Introducing Our New Director of Special Projects - Susan Fenton

As the most comprehensive provider of behavioral health services in New York City, the Department of Psychiatry and Behavioral Health launched an intensive initiative in the summer of 2006 to reach out to the community at large to inform them of the outstanding clinical services in their midst. As part of this initiative, Susan Fenton was hired as Director of Special Projects, Office of the Chairman. Susan has a long history with the hospital starting in 1994 as volunteer, Corporate Director of Volunteer Services and Associate Trustee. Her background is in marketing, design and trend forecasting. Her goals include branding the department, making the various clinical areas more pleasant for both patients and staff, and helping to get the Plant and Scrymser project moving forward in a timely fashion.

New promotional materials for the department will start to appear with the department's new name, Department of Psychiatry and Behavioral Health. We also will be hosting many events during the year for staff and friends of the department with the end goal to better serve the community and raise funds to continue our ongoing commitment to the mental health of the city. An Arts Advisory Committee has been formed to foster donations and purchases of original art to enhance both inpatient and outpatient areas.

We are extremely excited to announce the formation of a Leadership Council. The Council will serve in an advisory capacity. Its purpose is to further the mission of the department by all available means, with emphasis on public relations and financial assistance, through encouraging gifts, bequests, grants, and donations from individual, corporate and foundation sources.



Susan Fenton, Director of Special Projects

“Investing in the Mental Health of New York City”

Luncheon Kicks Off Publicity Campaign

By Susan Fenton, Director of Special Projects

On September 20, 2006 the Department of Psychiatry and Behavioral Health held a luncheon for senior leadership, voluntaries, guests and donors. The event was opened with remarks by Dr. Richard Daines, President of St. Lukes and Roosevelt Hospitals. Dr. Richard Rosenthal, Chairman, led a discussion that helped invitees to learn more about our commitment to the ever changing mental health needs of our community and our plans for the future.

Mental illness, when compared with all other diseases, is the most common cause of disability in the United States. In fact, nearly a quarter of Americans will suffer from a clinically diagnosable psychiatric condition in a given year. Since 1954, the Department of Psychiatry and Behavioral Health Services at St. Lukes and Roosevelt Hospitals has been a major provider of mental health care for the diverse communities of Manhattan's Upper West Side. Annually, the department handles more than 150,000 patients across 35 programs.

Speakers

Dr. Denise Hien, Ph.D., Executive Director, Women's Health Project

Founded in 1994, the mission of the Women's Health Project (WHP) is to help women who suffer from trauma and addiction as well as better understand the impact of violence and drug and alcohol abuse on women's lives. Women are admitted to this program with a history of trauma. Trauma may refer to a wide range of experiences in which a woman feels she was victimized as a child or as an adult. This may include emotional, verbal, sexual, and physical abuse or assault, witnessing violence, or being exposed to other traumatizing events.

Dr. Ramon Solhkhah, MD, Director, The Child and Family Institute

Spoke to the fact that one out of every five children manifests a mental health disorder and one in every ten of them manifests a serious form of mental health disorder. This means that about 6 million American children are affected and out of these 6 million, only about 20% receives treatment. The Institute has a myriad of programs to offer for these affected children and adolescents.

The luncheon was the first of many events that the department will hold to better inform the community of the services we provide. With 80 full and part time clinicians and a staff of 500 plus, the department is constantly growing and changing to meet the needs of New Yorkers. With that end in mind, plans to move most of St. Luke's programs to a new bigger, bright, space are currently being put in motion.

Center for Intensive Treatment of Personality Disorders (formerly TDTP)

By Andrew Twardon, PhD Director CITPD

The Center hours
Monday – Friday
9:15 AM – 6:30 PM

Roosevelt Hospital,
1000 Tenth Avenue
New York, NY 10019
Tel: 212-523-6983

Information & Referral
contact the Access Center Tel: 212-523-8080
Providers considering referring patients to CITPD can contact Andrew Twardon, Ph.D., CITPD Clinical Director, at 212-523-7881 for info about the program & the referral process.

Earlier this year, the Transitional Day Treatment Program (TDTP) was officially renamed and has become the new Center for Intensive Treatment of Personality Disorders – with another tongue-twisting acronym to memorize - CITPD.

Center for Intensive Treatment of Personality Disorders is not only a new name for TDTP but also a new and expanded specialized treatment program for individuals with personality disorders and personality-related problems.

Building upon a strong foundation of Dialectical Behavior Therapy (DBT), for which TDTP had become well known in the community, several other approaches have been incorporated into the treatment model to enable the clinical team to work more effectively with a wider spectrum of personality-related problems. Some of the new approaches include Short-Term Psychodynamic Therapy, Mentalization-Based Therapy and Cognitive Therapy.

The new, multidimensional and integrative treatment model has been quite successful in treating such difficult personality-related issues as recurrent suicidal thoughts and behaviors, self-injurious behaviors (e.g. cutting, self-mutilation), identity / self-image problems, severe emotional, cognitive and behavioral dysregulations, dissociative symptoms, interpersonal problems with intimacy and trust, sexual / gender and body-image problems.

In addition, a new modified program has been designed and implemented for patients with more complex and treatment resistant personality-related problems. In the past, those patients would typically either not engage in treatment at all, or were unable to continue due to its emotional and interpersonal intensity. The new modified program offers more individualized treatment focused on engagement and therapeutic alliance allowing clinicians to target unique treatment needs of each patient more specifically.

At the present time the Center serves over 90 active patients in its 6 treatment tracks and is staffed by an interdisciplinary team consisting of 9 supervising psychologists, attending psychiatrist, psychiatric social worker, creative arts psychotherapist, 3 psychiatry residents and 3 psychology externs, interns and postdoctoral fellows undergoing their clinical training.

Children's Single Point of Access - A New Initiative

By Cathy Passman, Director of Children's Community Mental Health Services

The Child and Family Institute (CFI) at St. Luke's and Roosevelt Hospitals was awarded a \$3.4 million New York City Department of Health and Mental Hygiene grant in January 2006 to implement the Children's Single Point of Access (C-SPOA) throughout all five boroughs of New York City. C-SPOA is a New York State Office of Mental Health initiative designed to help improve access to high end intensive mental health services. It had been implemented statewide several years ago, but had only been implemented as a pilot project in the Bronx, run by the Mental Health Association. After an intensive, competitive RFP process, the city-wide contract was awarded to CFI. CSPOA identifies, screens, and assesses all referrals of those children and adolescents who have been identified as having a designated serious emotional disturbance. Also included are those

To refer a child, or for further information, please call:

1-888-CSPOA-58
(1-888-277-6258)

children and adolescents who are residents of, or returning from, or at risk of placement in inpatient facilities such as Residential Treatment Facilities and psychiatric hospitals. Services available include: Home and Community Based Services Waiver, Assertive Community Treatment (BrooklynOnly), Case Management (both Supportive and Intensive), Community Residence and Family Based Treatment. "This project represents both the City's and the State's serious commitment to improving access to mental health care for all of New York City's children and families," notes Ramon Solhkhah, M.D., Director of the Child and Family Institute and Chief of the Division of Child and Adolescent Psychiatry. "It further highlights St. Luke's and Roosevelt's leadership in serving children and families in their communities, as opposed to institutional settings."

Due to the addition of this program, a new internal division of the Child and Family Institute was developed; Children's Community Mental Health Services (CCMHS). It is comprised of CSPOA, the Manhattan (New York County) Home and Community Based Services Waiver, and the SLR-based Blended Case Management program. CCMHS is administered by Cathy Passman, LCSW and James Morrissey, LCSW.

Research Update

By Deborah Haller, Director of Behavioral Science Research Unit

This has been a year of tremendous growth for the Division of Psychiatric Research. We have expanded our physical space on the St. Luke's Campus (Behavioral Science Research Unit) and have secured new research space on the Roosevelt Campus (Brodsky Psychiatry Suite and Addiction Institute). The number of our faculty who are serving as Principal Investigators (PIs) on extramurally-funded research studies has more than quadrupled during the past 2 years. As of November 2006, we have 5 researchers with grants from NIDA, NIAAA, and CSAT (Drs. Acosta, Clemmey, Haller, Hien, and Marsch). We are collaborating with numerous other research institutions, including Columbia, Beth Israel, LIJ, MUSC, Harvard, Mt. Sinai and NYU among others. As a partner in NIDA's Clinical Trials Network, we are engaged in two large multi-site projects that involve both our researchers and our clinicians working at the Institute for Child and Family Studies and the Addiction Institute of New York. Our portfolio of industry sponsored (pharma) studies has expanded as well. In addition to Dr. Hellertin's depression research program, Dr. Rosenthal recently initiated a research program focused on testing drugs to treat addictive disorders. The fact that several of our faculty members have undertaken unfunded pilot studies also attests to our department's increased enthusiasm for clinical research. Finally, the fact that research is alive and well at SLR is demonstrated by the fact that our trainees are choosing fellowships at top research institutions and one has received a minority fellowship from the NIH.

Grants Awarded to BHS through Associate Trustees' Program

By Ivy Saludes, Program Manager, Corporate Services

Again in 2006 the Department of Psychiatry and Behavioral Health has been the proud recipient of several grants from the Associate Trustees Small Grants Program. This is especially impressive this year; the Associate Trustees received forty applications for small grants. The requested funds totaled three times more than the amount of funds available. The funds are tightly linked to the success of fund-raising efforts, especially the Annual Gala and Theater Benefit events for St. Luke's and Roosevelt.

This year the department received a total of \$7,000 from the Small Grants program. The funded applications include: the Parent Resource Center for the Child and Family Institute submitted by Ramon Solhkhah; the Nursing-driven Patient Education and Therapeutic Activities for the Inpatient unit 7G submitted by Robert Abel; The Therapeutic Writing Program for the Outpatient Clinic submitted by Sarah Gundle; and The Addiction Institute Annual Art Festival submitted by Vangie Burch. The department applauds these remarkable achievements.